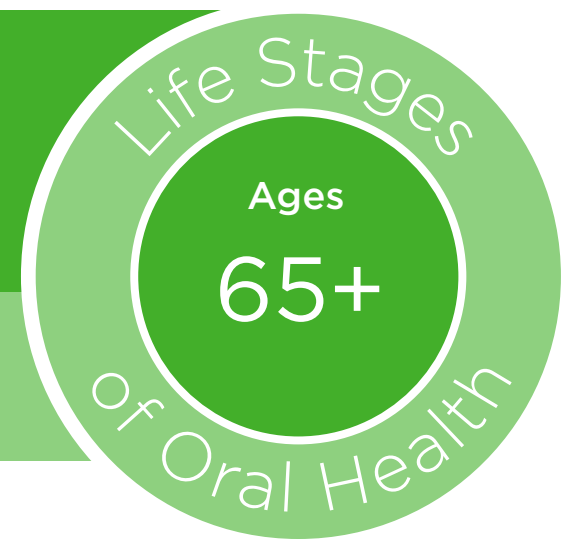
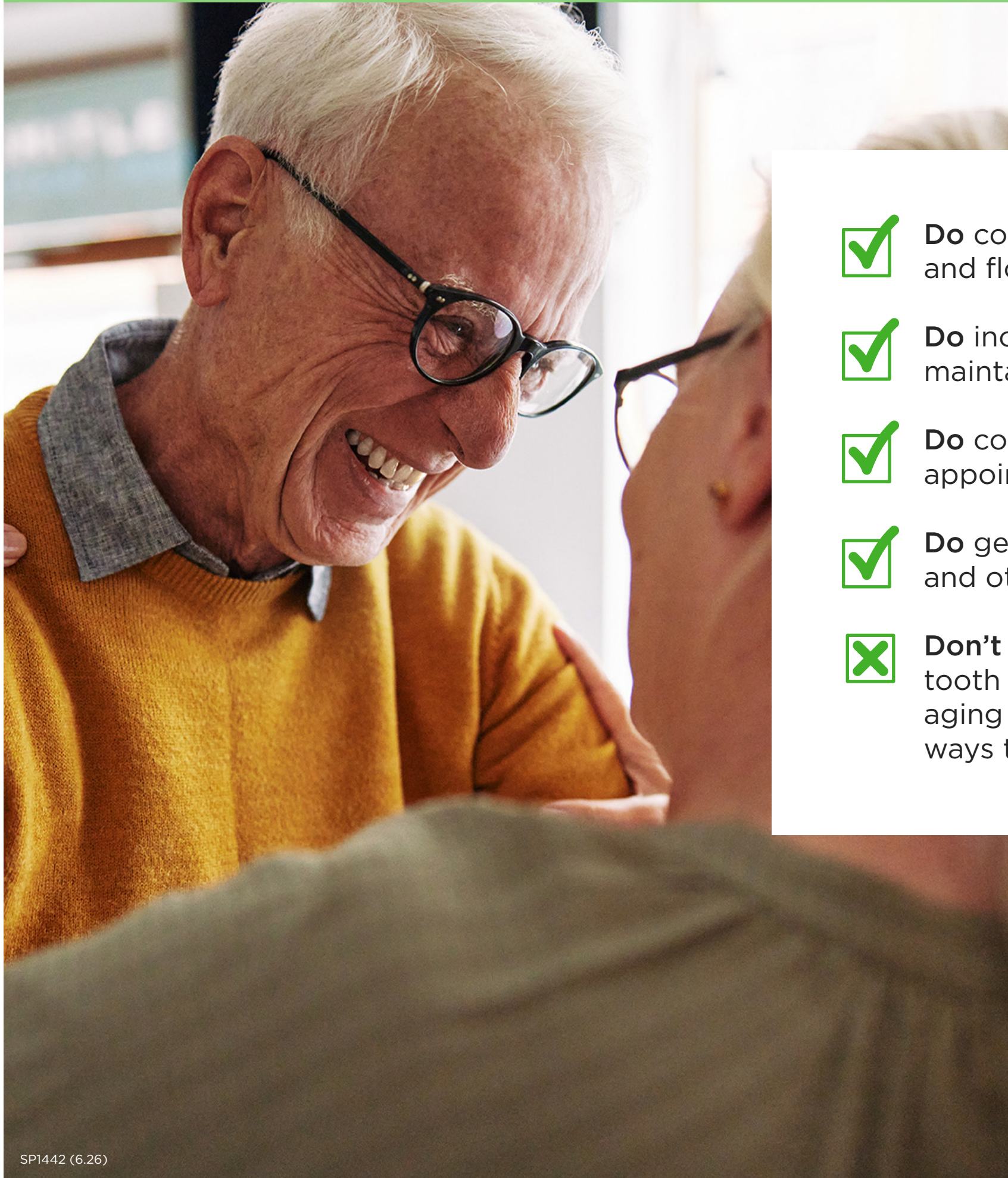




The Golden Years



An increase in age doesn't have to mean a decrease in oral health.



- ☒ **Do** continue to brush twice a day and floss daily.
- ☒ **Do** increase calcium intake to maintain good bone health.
- ☒ **Do** continue regular dental appointments.
- ☒ **Do** get screened for oral cancer and other dental diseases.
- ☒ **Don't** assume that dry mouth or tooth loss is a natural part of aging – and know there are many ways to remedy these problems.

EMPOWERING SMILES
from **Ahh** to **Z**

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