



Baby Basics



Even though they have fewer teeth - or none at all - for a while, babies require the same attention to oral health care as adults.



- ✓ **Do** clean your baby's gums and teeth from birth.
- ✓ **Do** take your child to the dentist by age 1 or six months after the first tooth comes in.
- ✗ **Don't** wash a pacifier with your own mouth.
- ✗ **Don't** give milk, juice or other sugary drinks at naptime or bedtime.

EMPOWERING SMILES
from **Ahh** to **Z**

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